



To help you decide, here is a bit more information on groups joining our Just One Shirt Campaign:

Starlight Children's Foundation Canada

For more than 25 years, Starlight Children's Foundation has been dedicated to improving the quality of life for children with chronic and life-threatening illnesses and life-altering injuries by providing entertainment, education and family activities that help them cope with the pain, fear and isolation of prolonged illness. Unlike any other charity, Starlight offers a comprehensive menu of outpatient, hospital-based and Web offerings that enable them to provide ongoing support for children and families — from diagnosis through the entire course of medical treatment.

Losing Our Parents Charity

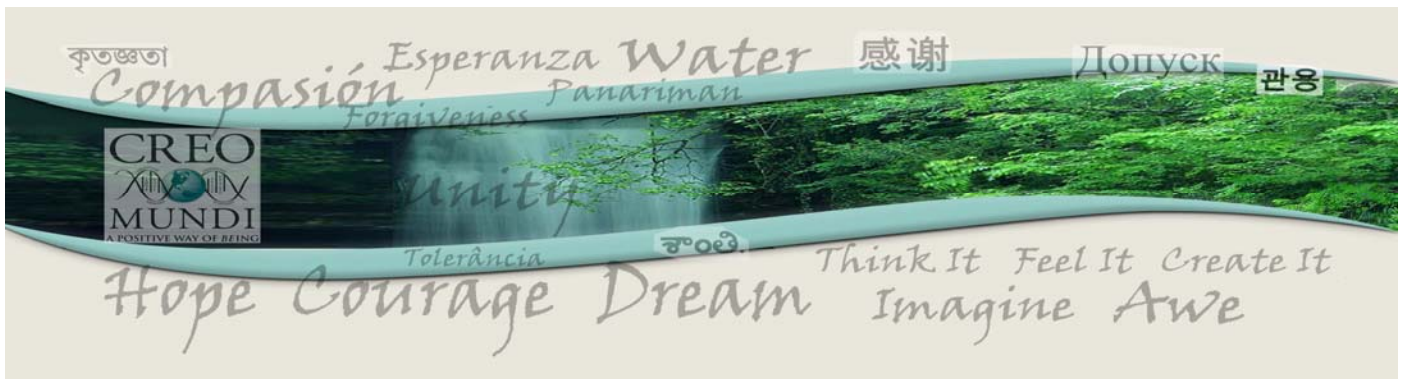
Losingourparents.com is an internet-based community that offers support and education to people who are coping with the declining health or death of a parent. Visitors to the website share their experiences, support each other and even volunteer online through a network that connects them to countless others. The website meets the needs of those who do not have the time, interest or financial resources to join traditional sharing / grieving programs. Anyone can participate and receive peer support, whether at home, work or school, in a hospital or at an internet café.

Family Services York Region

Family Services York Region is committed to strengthening communities through collaboration, counselling, education and support. Their services are provide to individuals, couples, and families to help them understand and resolve difficulties, challenges and transitions that they may be experiencing in their lives, at school or work, and in their relationships. A non-profit organization, Family Services York Region is a vital part of the York Region Community.

Joey Fund-King St. Cat Hospital (cat rescue)

To date has provided shelter, food, and veterinary care to over 900 stray cats from Durham region and surrounding areas. Rescued cats receive a full physical examination, testing for feline leukemia virus and feline AIDS, vaccination, de-worming, flea treatment, and micro-chipping prior to adoption. Mature cats are spayed or neutered as well. Medical care, such as treatment for ear mites or upper respiratory virus, is also provided. All procedures are done at cost by King Street Cat Hospital, and the time spent by their doctors and staff in caring for and rehabilitating these cats is invaluable.



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Humane Society Durham Region

The Humane Society of Durham Region is a charitable community resource, dedicated to protecting and providing temporary shelter and comfort to all animals in need and promoting adoptions and re-homing for unwanted, abused, neglected and abandoned animals. They promote humane treatment of all living things and work within the law to respond to and investigate all complaints of cruelty and neglect. The shelter is still fundraising to rebuild after a devastating fire just before Christmas (2008) killed over 150 animals and destroyed their building. Currently in a temporary location, the Humane Society needs to fundraise for building their new site.

Intent.com—supporting Kiva.org

www.intent.com is an online community that provides the best content to help fulfill your aspirations. Co-founded by Mallika Chopra and Sal Taylor Kydd, intent.com features over 400 regular bloggers covering body, mind, spirit. They are supporting Kiva.org—a microfinancing organization that offers micro loans to the working poor to alleviate poverty. As little as \$25 can change a life – and Intent.com intends to raise a lot more than that for Kiva.

Neutron Sports

Neutron Sports was the first organization to introduce an anti-doping unit to the natural sports movement. Neutron Sports is a wonderful organization whose focus is to educate and support the promotion of drug-free sporting events by providing a platform in which natural athletes can compete. Education on the benefits of competing drug-free is the key to their success and their athletes are the positive role models that we promote to our communities.

Bereaved Families of Durham Region

Bereaved Families of Ontario-Durham Region is a self-help/mutual aid organization offering support and understanding to families who have lost a child through death.

Bereaved Families of Ontario (BFO) began when four parents came together at the Hospital for Sick Children to share the pain of the death of their children. BFO was created out of a need for a very special kind of support; support that was not available for these parents, so they



supported themselves and each other. Locally, BFO Durham Region has been providing bereavement support for 15 years.

Nova Scotia SPCA

The Nova Scotia SPCA investigates animal cruelty in Nova Scotia and promotes the humane treatment of animals. Cruelty investigators enforce the provincial *Animal Cruelty Prevention Act* by educating animal owners, investigating cases of cruelty and neglect, and seizing animals in distress. The Nova Scotia SPCA also oversees the Metro Shelter in Dartmouth and ten financially independent branch Societies across the province, all of which provide care for unwanted, abandoned, abused and neglected domestic animals, with the goal of adopting them into new homes. The Nova Scotia SPCA relies almost entirely on donations to sustain its animal cruelty investigations unit.

Sprocket Rockets

Does riding a bike from Toronto to Niagara Falls sound like a tremendous challenge? A group of cyclists and crew members have chosen to accept this challenge of riding over 200 kms & some have register for the 200 miles. The Sprocket Rockets team will participate in the Ride To Conquer Cancer in June 12th & 13th 2010 the team consists of local residents; some members have fought the battle against cancer and won. Many of the team members will be riding in memory of loved ones who lost the battle to cancer as well those who are fighting the battle now. All funds raised by the Ride to Conquer Cancer will go directly to the Campbell Family Foundation at the Princess Margaret Hospital. The Foundation conducts research on all types of cancer. As well as provides support to those battling cancer and their families. In order to participate in the ride each team member must raise \$2,500.00 in donations.

Please support the team in this very noble cause and be the “CAUSE FOR THE CURE”.

Gilda’s Club

Gilda's Club is named in memory of comedian Gilda Radner, who died from ovarian cancer in 1989. Gilda's Club seeks to provide an emotional and social support community for people living with cancer as well as their friends and families, as an essential complement to medical care. Fundamental to the Gilda's Club philosophy is that membership is completely free of charge, and that the clubhouse environment is warm, welcoming, and non-institutional.